### **Problem**

Unhealthy food environments\* result in unequitable health and nutrition outcomes

#### **Inputs**

#### Technical staff working in health and nutrition, and collaboration with technical staff from other relevant sectors

- Data sources identifying equity opportunities in the food environment through selected indicators
- Supportive environment for intersectoral action on health and nutrition exists or is possible, i.e. financing within and between sectors

# **Activities**

- Use an equity focus to
  - 1-Map
  - 2 Engage
  - 3 Transform
  - 4 Monitor

the intersection between the food environment and human behaviour related to health and nutrition

## **Outputs**

- Improved data related to the local food environment interacting with health and nutrition to identify equity gaps
- Increased capacity of technical staff to design, implement, evaluate equity-sensitive interventions for disadvantaged groups\*\*
- Increased policies and programmes to favor the equitable access to and uptake of healthier foods

### **Short-Term Outcomes**

- Regional, country and community level champions advocating for equitable health and nutrition actions, policies or programmes
- Identify complementary actions with other sectoral actors and stakeholders
- National, regional and community level resources to develop factsheets and key messages on health and nutrition for all
- Increased participation of community and formal/informal food vendors in designing equity focused food environment interventions inspired by good practice
- Restriction of accessibility and marketing of unhealthy foods

# **Mid-Term Outcomes**

- Increased implementation and monitoring of polices and programmes on equity-focused health and nutrition
- Increased community dialogue meetings, sensitization, targeting key family and community stakeholders on effects of social norms on health and nutrition
- Strengthen food marketing and media towards healthier eating
- Increased accessibility, diversity, convenience, desirability and quality of healthy foods in selected spaces
- Increased advocacy for political buy-in and support

## **Long-Term Outcomes**

- Increased equity-focused investments through earmarked funding and budget allocation
- Mainstreaming of health and nutrition equity through intersectoral action
- Healthy, affordable and sustainably produced food
- Improved quality, diversity and adequate quantity of food consumption, especially for disadvantaged populations

#### **Impact**

Closing the health and nutrition gap by reducing the burden of food-related disease, mortality, morbidity and risk factors

SHIFT Framework 9

<sup>\*</sup> Food environment: physical, economic, political and socio-cultural context in which consumers engage with the food system to make their decisions about acquiring, preparing and consuming food;

<sup>\*\*</sup> Disadvantaged groups: populations at higher risk for unhealthy diets and poor health due to unfavorable social, political and environmental conditions (for example women, children, indegenous populations, disadvantaged migrants)